

Curriculum Vitae of Allen Siegel

Primary Activity

1971 to present: Private Practice of Psychiatry and Psychoanalysis

Education

Training in Psychoanalysis

1976 - 1985: Chicago Institute for Psychoanalysis

Residency in Psychiatry

1966 - 1969: Michael Reese Hospital, Chicago, Illinois
Psychosomatic and Psychiatric Institute

1965 - 1966: Internship, Michael Reese Hospital, Chicago, Illinois

Medical School

1961 - 1965: University of Illinois, School of Medicine

Undergraduate Education

1958 - 1961: Northwestern University

Clinical and Academic Appointments

2014 - present: Associate Editor, Psychoanalytic Inquiry (professional journal)

2009 - present: International Editor, Psychoanalytic Inquiry (professional journal)

2006 - 2009: Director, Distance Learning Program, Chicago Institute for Psychoanalysis

2000 - 2010: Assistant Professor of Psychiatry, Rush University Medical Center (ret)

1991 - 2007: Faculty, Chicago Institute for Psychoanalysis (ret)

1985 - 1995: Attending Physician, Institute of Psychiatry, Northwestern Memorial Hospital

1985 - 1996: Assistant Professor of Psychiatry, Northwestern University Medical School

1983 - 2008: Postgraduate Education Faculty, Chicago Institute for Psychoanalysis

1982 - 1985: Clinical Assistant Professor of Psychiatry, Pritzker School of Medicine, University of Chicago

1974 - 1990: Attending Psychiatrist, Psychosomatic and Psychiatric Institute, Michael Reese Hospital

1971 - 1984: Assistant Attending Psychiatrist, Psychosomatic and Psychiatric Institute, Michael Reese Hospital

1972 - 1973: Medical Director, Michael Reese Clinic for Juvenile Delinquents

1969 - 1971: Staff Psychiatrist, Naval Hospital, San Diego

Professional Activity

2009 - present: Founding Principle, The Nautilus Group; a Consultancy for CEOs and Family Firms

2003 - present: American Director: Anatolia Psychoanalytic Psychotherapies Group (Turkey)

2002 - 2010: Editor, Psychology of the Self Online, The eJournal for IAPSP

2000 - present: Member, International Council for Psychoanalytic Self Psychology

1998 - 2004: Editor, Newsletter for International Council for Self Psychology

1998 - 2004: Chair, Kohut memorial Fund

1989 - present: Member, Kohut Memorial Fund Committee

1987 - 1988: Member, Planning Committee, Chicago Society for Psychoanalysis

1986 - 1990: Member, Planning Committee for Annual Psychotherapy Conference, Chicago Institute for Psychoanalysis

1986 - 1992: Member, Peer Review Committee, Chicago Society for

Psychoanalysis

1985 - 1986: Program Chair, Chicago Society for Adolescent Psychiatry

1985 - 1986: Task-force on Education, Residency Training Program in Psychiatry, Northwestern University Medical School

1985 - 1986: President, Candidates' Association, Chicago Institute for Psychoanalysis

Teaching Activities

2007 - 2010: Residents' Supervisor, Psychodynamic Psychotherapy, Rush University Medical Center

2007: Course on "Clinical Theory," Online Distance Education Program, Chicago Institute for Psychoanalysis

2006: Continuous Case Conference, Online Distance Education, Chicago Institute for Psychoanalysis

2003: Introduction to Self Psychology, Pre-conference Course, Annual IAPSP Self Psychology Conference, Chicago, Illinois

2004 - 2010: Supervision of Psychiatry Residents, Rush University Medical Center

2001: Course on "Principles of Self Psychology," Milwaukee Institute for Psychoanalysis

2000: Introduction to Self Psychology: History, Theory, Practice, 22nd Annual International Conference on Self Psychology, Chicago, Illinois

2000: Course on "Self Psychology, Its Theory and Practice," Center for Religion and Psychotherapy, Chicago, Illinois

2000: Course on "Heinz Kohut's Psychology of the Self," Continuing Education Program, Chicago Institute for Psychoanalysis

1998 - 2002: Monthly Teleconference with Turkish Society for Self Psychology

1998 - 2008: Course on "The Psychodynamic Formulation," Psychiatric Residency Program, Rush-Presbyterian St. Luke's Medical Center

1992 - 1994: Course on "Diagnostic Assessment," Core Program, Chicago Institute for Psychoanalysis

1991: Course on "Interpersonal World of the Infant by Daniel Stern," Core Program, Chicago Institute for Psychoanalysis

1989: Course on "Resistance and the Therapeutic Process," Chicago Institute for Psychoanalysis

1988: Course on "Freud, The Introductory Lectures," Elective for Senior Residents, Northwestern Memorial Hospital

1988: Invited course on " Borderline Pathology; Differing Views," Irene Josselyn Clinic, In-Service Education, Northfield, Illinois

1985 - 1995: Supervisor for Residents, Institute of Psychiatry, Northwestern Memorial Hospital

1985 - 1995: Course on "Principles of Psychotherapy," Institute of Psychiatry, Northwestern Memorial Hospital

1983 - 1985: Course on "Transference and Countertransference," Chicago Institute for Psychoanalysis

1981 - 1984: Course on "Principles of Psychotherapy," Psychosomatic and Psychiatric Institute, Michael Reese Hospital

1981 - 1984: Supervisor for Residents, Psychosomatic and Psychiatric Institute, Michael Reese Hospital

Board Certification

1990: Certification in Psychoanalysis, American Psychoanalytic Association

1973: Certification in Psychiatry and Neurology, American Board of Psychiatry and Neurology

Licensure

1967: Illinois

Professional Societies

American Psychoanalytic Association

International Psychoanalytic Association

International Association for Psychoanalytic Self Psychology

Publications

Journal Articles

2002: "Adoption and the Enduring Phantasy of an Idealized Other" in Progress in Self Psychology, vol 17, ed Goldberg, A. Analytic Press, Hillside

2001: "eSupervision: Something New Under the Sun." in Progress in Self psychology, vol 16, ed Goldberg, A> Analytic Press, Hillside

2000: "The Optimal Conversation: A Concern About Current Trends in Self Psychology." In, Progress in Self Psychology, vol 15, ed Goldberg, A., Analytic Press, Hillside.

1970: "Personality Correlates of Survival in a Long-Term Hemodialysis Program." Glassman, B., Siegel, A., Archives of General Psychiatry, 22:566-574

1969: "A Hospital Program for Young Adults." Siegel, A., Archives of General Psychiatry, 22:166-178

Book Chapters

2011: Definitions for Psychoanalytic Glossary of the American Psychoanalytic Association. ed Ornstein, S.

2008: "Theory is Personal" in Annual of the New York Academy of Science

1991: "Tellers and Listeners: The Impact of Holocaust Narratives." in Lessons and Legacies: The Meaning of the Holocaust in a Changing World. Northwestern University Press

Book

1996: Heinz Kohut and the Psychology of the Self. Siegel, A. M., Routledge

Book Reviews

2000: Kohut's Freudian Vision, Rubovitz-Seitz, in Contemporary Psychoanalysis

1998: Intimate Attachments , Shane, M., Shane, E, Gales, M. in International Journal of Psychoanalysis

Invited Lectures

2014: "The Gift of Grieving," at The Arizona Psychoanalytic Society, Phoenix, Arizona

2014: Day Seminar on Self Psychology with Colorado College Students, Winnetka, Illinois

2013: "Case Studies from Self Psychological Perspective," at The Arizona Psychoanalytic Society, Phoenix, Arizona

2013: Day Seminar on Self Psychology with Colorado College Students, Winnetka, Illinois

2012: "Overview of Self Psychology Theory," at The Arizona Psychoanalytic Society, Phoenix, Arizona

2012: "Psychological Meanings of Retirement," at Annual meeting of the Reform Rabbis Retirement Board, Chicago, Illinois

2008: "Clinical Interventions From a Self Psychological Perspective," at The Chicago School of Professional Psychology

2008: "Clinical Meanings of the Fee," at the Anatolia Association for the Psychoanalytic Psychotherapies, Istanbul, Turkey

2007: "Case Conference," at the Turkish Psychiatric Association Annual Meeting, Antalya, Turkey

2006: "Advanced Self Psychology Workshop," at Turkish Psychiatric Association Annual Meeting, Fethiye, Turkey

2006: Turkish Psychiatric Association, Annual Meeting, Izmir, Turkey

2004: "16th Century Creation Myth and Contemporary Psychoanalysis," at Congregation Solel, Highland Park, Illinois

2003: "Therapeutic Action of Psychoanalysis: Freud, Kohut, Klein," at Faculty Dialogue: Chicago Institute for Psychoanalysis

2002: "Jane, the Girl who Did Not Belong; A Self Psychological Perspective," at Joint Conference: Chicago Institute for Psychoanalysis and the C.G. Jung

Institute

2002: "9/11 as a Remobilization of Aborted Mourning in an Adult Who Lost a Parent in Childhood," at Faculty Dialogue: The Chicago Institute for Psychoanalysis

2002: "Henry James, Turn of the Screw, and Contemporary Psychoanalysis," at Chicago Opera Theater

2002: "When Feelings Are Hurt: A Study of Psychological Trauma," at CNS Summit, Antalya, Turkey.

2001: "Time, Co-created Space, and the Interpretive Process," at 3rd International Istanbul Psychoanalytic Conference

2000: "Clinical Aspects of Self Psychology," at Conference: Istanbul Turkey

1998: "Case Presentation and Discussion," at Annual Conference for Psychoanalytic Self Psychology, Plenary Panel 21

1998: "Basic Understanding of Kohut's Psychology of the Self," at Conference, Istanbul, Turkey

1997: "The History, Evolution, and Application of Heinz Kohut's Psychology of the Self," at Academy for Psychoanalysis and Psychotherapy, Munich, Germany

1997: "Forgiveness in the family: A Study of Narcissistic Injury and Healing," at North Shore Haddasah, Mental Health Division, Highland Park, Illinois

1995: "Advanced Clinical Self Psychology: Long Term and Brief Psychotherapy, Clinical Theory, and Case Discussion," at Cape Cod Summer Symposia, New England Educational Institute

1994: "Advanced Clinical Self Psychology: Clinical Theory and Case Discussion," at Cape Cod Summer Symposia, New England Educational Institute

1993: "Masters Class" at 16th Annual Conference for Psychoanalytic Self Psychology

1992: "Advanced Clinical Self Psychology Clinical Theory and Discussion," at Cape Cod Summer Symposia, New England Educational Institute

1992: "Life at All Costs? To Extend life or End Life," at Dawn Shuman Institute for Jewish Learning

1991: "Advanced Clinical Self Psychology: Clinical Theory and Case Discussion,"

at Cape Cod Summer Symposia, New England Educational Institute

1991: "Clinical Self Psychology in Practice: A Case Report," at American Psychological Association, Division of Psychoanalysis

1989: "Tellers and Listeners: The Impact of Holocaust Narratives" at International Conference entitled "Lessons and Legacies: The Meaning of the Holocaust in a Changing World," of the Department of History, Northwestern University and Holocaust Education Foundation

1988: "Adolescent Sexuality: Jewish and Psychoanalytic Perspectives," at Spertus College of Jewish Studies

1988: "Long term Treatment," at 9th Annual Conference on the Psychology of the Self, Psychoanalytic Society, Washington, D.C.

1988: Discussant for Plenary Address, "Depression in Adolescence," at 22nd Winter Weekend Meeting, Chicago Society for Adolescent Psychiatry

1987: "Stress and Development in Adolescence," at Teacher's Institute, New Trier High School, Winnetka, Illinois

1986: "Difficult Beginnings in Psychotherapy," at Conference on Psychoanalytic Psychotherapy, Chicago Institute for Psychoanalysis

1986: "Psychotherapy as an Unfolding Process Utilizing a Self-Psychology Model," at 9th Annual Conference on Self-Psychology, University of California at San Diego

1985: "Psychotherapy as an Unfolding Process Utilizing a Self-Psychology Model," at Conference on Psychoanalytic Psychotherapy, Chicago Institute for Psychoanalysis

1983: "Creativity and Challenges of Adulthood," at Michael Reese Hospital and Medical Center, Department of Psychiatry

Honors

1989: Certificate of Appreciation from New Trier Township High School for development of four year in-service program for Advisor System

1990: Outstanding Volunteer for Jewish Community Center, family to Family Program for resettlement of Russian Immigrants

1982: James E. Saft Award for Outstanding Instructor of the year at Psychosomatic and Psychiatric Institute of Michael Reese Hospital and Medical

Center

1969: Resident's Research Award: Psychosomatic and Psychiatric Institute, Michael Reese Hospital and medical Center

Community Activities

2013: Pro Bono Consultant to Succession Planning Group, Northbrook, Illinois

2014: Purser for Midwest Model Shipwrights, an association to foster the art of building model wooden tall ships, Chicago area

1989: Planning Committee for Conference "Lessons and Legacies: The Meaning of the Holocaust for a Changing World," conducted by the Holocaust Education Foundation and Northwestern University

1989: Representative of Chicago Action for Soviet Jewry on a mission to the Soviet Union in support of Refuseniks

1987 - 1989: Board of Directors, Congregation Solel, Highland park, Illinois

1986 - 1989: Volunteer In-Service Consultant, New trier High School, Winnetka, Illinois

1985 - 1994: Professional Board member, Holocaust Education Foundation

1985 - 1995: Interviewer of Survivors of the Holocaust for Videotape project at Yale University and Yad Vashem

